

DUBAI

UNITED ARAB EMIRATES



A 4-Day Stopover Itinerary



Jah Collective, 2025
Travel Series

Dubai, UAE

Length of Stay: 4 Days, 3 Nights

Dates: June 5–8 [Days 1 through 3 of the Journey Abroad]

Lodging: Conrad Dubai, Hilton

Sheikh Zayed Road, P.O. Box 115143, Dubai, UAE

Excursions, Experiences, & Spots to Try:

- Visit the Burj Khalifa and explore the iconic Dubai Mall
- Book a desert safari—includes dune bashing, camel rides, and a dinner show
- Pick up Kanduras/Dishdashas for the whole family at the mall; Ghutras can often be found at roadside stops or markets along the way
- Lounge at the hotel spa or unwind at the rooftop pool
- Dine at Social House – 4.9 stars, casual atmosphere with great views
- Try 24th Street World Street Food – playful, global, and packed with flavor
- The train system was very easy to navigate.

Jami Gem: The Dubai Mall is endless. If you're traveling with kids, the aquarium inside is a must. It's a fun, interactive experience that keeps them engaged while giving you a break from the designer window shopping.

Major Key: Buy your tickets to the aquarium online. The door prices are wild. I couldn't believe it—pulled out my phone mid-line, found the online rate, and suddenly the world made sense again. Don't overspend where you don't have to. Save that extra cash for dessert and souvenirs.



DUBAI EMERGENCY & HEALTH INFO

- ** Emergency Numbers (UAE-wide)**

- Police (Emergency): 999
- Ambulance: 998
- Search & Rescue: 995
- Tourist Police (Dubai): +971 4 609 6239 or toll-free 901
- Email: touristpolice@dubaipolice.gov.ae
- *Note:* Dialing 999 connects you to the police, who can direct your call to the appropriate emergency service if needed.

Hospitals and Emergency Services

American Hospital Dubai – Pediatric Urgent Care

Offers top-quality pediatric urgent care with extended hours

Website: ahdubai.com

King's College Hospital London – Dubai

Provides 24/7 pediatric emergency services with a dedicated team of pediatric consultants and specialists.

Website: kingscollegehospitaldubai.com

Clemenceau Medical Center Hospital Dubai

Offers a specialized pediatric 24/7 emergency department equipped to handle a range of pediatric medical emergencies.

Website: cmcdubai.ae

DUBAI

Languages and cultural tips

- **Primary Languages:** Arabic (official); English is widely spoken, especially in tourist and business areas.

Helpful Phrases:

- Shukran – Thank you
- Marhaba – Hello



Cultural Tips:

- Dress modestly in public areas (shoulders and knees covered).
- Public displays of affection are discouraged.
- Friday is the Islamic holy day; weekends run Friday–Saturday.
- Alcohol is only served in licensed establishments (hotels, private clubs).

Traveler Notes:

- UAE Dirham (AED) is the local currency.
- Taxis and ride-hailing apps like Careem are common.
- Tap water is safe to drink, but many prefer bottled.

Next Flight: June 8 at 10:30 AM GST – Dubai to Nairobi

Airline: Emirates

Flight Time: ~4 hours

Arrival: June 8 at 14:30 EAT in Nairobi, Kenya

Note: As you'll recall, we visited Dubai on a planned three-day stopover before we headed to The Motherland.